INTERNET RESOURCES ON MENTAL HEALTH AND SUICIDE PREVENTION

National Suicide Prevention Lifeline
https://suicidepreventionlifeline.org/

National Institute of Mental Health Suicide Prevention

HelpGuide Suicide Prevention

American Foundation for Suicide Prevention
https://afsp.org/

Centers for Disease Control-Suicide Prevention
https://www.cdc.gov/violenceprevention/suicide/index.html

SAMHSA (Substance Abuse and mental Health Services Administration)-Suicide Prevention
https://www.samhsa.gov/find-help/suicide-prevention

Suicide Prevention Resource Center
https://www.sprc.org/

New Jersey Youth Suicide Prevention
https://www.state.nj.us/dcf/adolescent/prevention/

American Foundation for Suicide Prevention Fact Sheet
https://afsp.org/about-suicide/state-fact-sheets/#New-Jersey

The Mighty Suicide Prevention Resources
https://themighty.com/suicide-prevention-resources/

The Jed Foundation
https://www.jedfoundation.org/

American Psychological Association/Crisis Hotlines and Resources
https://www.apa.org/helpcenter/crisis

Crisis Text Line
https://www.crisistextline.org/