

INTERNET RESOURCES ON MENTAL HEALTH AND SUICIDE PREVENTION

National Suicide Prevention Lifeline

<https://suicidepreventionlifeline.org/>

National Institute of Mental Health Suicide Prevention

<https://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml>

HelpGuide Suicide Prevention

<https://www.helpguide.org/articles/suicide-prevention/suicide-prevention.htm>

American Foundation for Suicide Prevention

<https://afsp.org/>

Centers for Disease Control-Suicide Prevention

<https://www.cdc.gov/violenceprevention/suicide/index.html>

SAMHSA (Substance Abuse and mental Health Services Administration)-Suicide Prevention

<https://www.samhsa.gov/find-help/suicide-prevention>

Suicide Prevention Resource Center

<https://www.sprc.org/>

New Jersey Youth Suicide Prevention

<https://www.state.nj.us/dcf/adolescent/prevention/>

American Foundation for Suicide Prevention Fact Sheet

<https://afsp.org/about-suicide/state-fact-sheets/#New-Jersey>

The Mighty Suicide Prevention Resources

<https://themighty.com/suicide-prevention-resources/>

The Jed Foundation

<https://www.jedfoundation.org/>

American Psychological Association/Crisis Hotlines and Resources

<https://www.apa.org/helpcenter/crisis>

Crisis Text Line

<https://www.crisistextline.org/>